

I did not know where to start. Literally, I just could not start anything, because I do not know anything about it. So, first I tried to get more information from the Internet and found a group with whom I could share. I then met Ophelia at my first meeting over there.

When I was doing my own make-up, it was stressful, because I was not very good at it, because that was my first meeting and with my shyness, she talked with me in a very friendly manner. The fact that I was meeting with a woman made me feel relieved that I was not crazy.

During our conversation, I soon found that she was so clever and very supportive towards people like me. She was actually about to start new business to help us. I was so excited because I think it was great idea and she was perfect at it. She was so sweet and she suggested to me to have dinner together like girlfriends.

To go out in public was very challenging to me, because I have never tried it, but I felt that I needed to do this one day. Ophelia encouraged me to do this. Now I felt I should not wait another day when I had chance now. Just in one week after I met her, we were going to have dinner together.

I had been very nervous since I decided to do it, but as soon as I met Ophelia, I was so relieved. I think she has natural manner to make people like us relaxed. I guess because she is a very clever and understand us, and she is also a truly honest and happy person.

She let me to use the make-up room, which had a beautiful atmosphere and great lighting. Also, she had lots of outfits including selection high heels. During our conversation, she gave me lots of advice from a woman's point of view.

I brought some clothes with me, but I was happy to follow Ophelia advice. She lent me a tight blue top and a black skirt with a matching black leather jacket to wear. I looked great and very feminine. Now I was not at all scared to go out.

We went to an Italian restaurant. Ophelia very carefully chose a restaurant that was not too crowded and where there were nice people and, of course, good food. I think she chose the best! The restaurant had everything, so I could be relaxed.

We chatted a lot and I had great time. I felt relieved from some stress and connected to this real world.

And I can now say "Yes, I have been outside!" which means I am now confident of doing this.

She kept saying to me "cross dressing is not crazy act. It's kind of natural thing." I'm so pleased to hear that because I thought that I had become crazy and I was depressed when I thought that it was a crazy thing to do.

How can I thank Ophelia enough and I really wish her business will grow to help people like me. I have no hesitation in recommending her and if you meet her, you will know why I do.

Saki